

# Veterans' Day Panel

## Life After War: Surviving & Thriving after Trauma

Tuesday, November 11th from 11:30 am to 12:45 pm in W 218



*Facing the future Uncle Sam offers training to every man disabled in the service--See that your man takes it--Ask the Red Cross*

by C. F. Chambers.

As military personnel return from international conflicts, they face challenges and opportunities in their transition to life state-side. In this informative panel discussion, a veteran and representatives from organizations which support veterans will meet to discuss the challenges and rewards of life after conflict or trauma. Thresholds, Illinois' largest community-based mental health agency, offers specialized services to veterans including mindfulness training, while Pets for Vets for rescues, trains, and pairs shelter pets with veterans who could benefit from a companion animal.

### Panelists:

Charlie Bourne, Marine Veteran and Harper Student

Benito Olson, Animal Trainer, Pets for Vets

Michelle Quinn, Chapter Director, Pets for Vets

Lydia Zopf, Program Director, Veterans Project, Thresholds

Michele Decanio, Harper Counselor

Pearl Ratunil, Facilitator, Dept of English, Harper College

For more information, contact Richard Johnson, [rjohnson@harpercollege.edu](mailto:rjohnson@harpercollege.edu), 847-925-6429

**Start. Finish. Go Forward.**

<http://dept.harpercollege.edu/international/>